



Initial Patient Intake Form

Please Print:

Today's Date:

Name:		DOB:	
Address:			
City:		State:	
		Zip:	
Phone number:		Cell number:	
		Email:	
Primary Care Doctor:		Phone:	
Occupation:		Who referred you to our office:	
Employer:			
Have you undergone chiropractic treatment before?		Where?	
When?		Technique?	
What are your health goals?			
_____ Correction/stabilization _____ Health Maintenance _____ Pain Relief			
Please check area of complaint (circle side of pain):			
_____ Low back pain R or L		_____ Neck Pain	
_____ Hip/buttock pain R or L		_____ Mid-back Pain	
_____ Leg pain R or L		_____ Other:	
_____ Foot Pain R or L			
_____ Shoulder Pain R or L			
_____ Arm Pain R or L			
_____ Hand Pain R or L			
When did the pain begin?			
_____ Gradually, without incident _____ Specific incident			
Explain the incident/injury or how you think it occurred:			

What makes the symptoms worse?

- | | | |
|---|---------------------------------------|--|
| <input type="checkbox"/> Sitting | <input type="checkbox"/> Looking down | <input type="checkbox"/> Turning in Bed |
| <input type="checkbox"/> Getting out of chair | <input type="checkbox"/> Sneezing | <input type="checkbox"/> Having bowel movement |
| <input type="checkbox"/> Getting out of bed | <input type="checkbox"/> Coughing | <input type="checkbox"/> Backing up in car |

How does the pain feel?

- | | | |
|------------------------------------|---------------------------------------|--------|
| <input type="checkbox"/> Sharp | <input type="checkbox"/> Burning | Other: |
| <input type="checkbox"/> Dull | <input type="checkbox"/> Numbness | |
| <input type="checkbox"/> Throbbing | <input type="checkbox"/> Tingling | |
| <input type="checkbox"/> Cramping | <input type="checkbox"/> Weak or lame | |

Does the pain or symptom travel from one side to another? Yes No

Explain:

How much does it hurt? 0 1 2 3 4 5 6 7 8 9 10 (0 = no pain; 10 = severe pain)

Does your pain change with activity? Yes No

Explain:

Please check the following:

- | | |
|--|--|
| 1. Have you/family had cancer?
Who/type? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 2. Are you losing weight without trying? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 3. Does your pain awaken you from sleep? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 4. Are you coughing up blood or noticing blood in your stool or urine? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 5. Have you ever had loss of bladder/bowel control? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 6. Have you lost consciousness or had double vision recently? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 7. Do you have a pacemaker? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 8. Are you seeing another doctor now for any reason?
Specify: | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 9. Do you have any other symptoms or health problems?
Specify: | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 10. Are you taking prescription or over the counter medications?
Specify: | <input type="checkbox"/> Yes <input type="checkbox"/> No |

Do you have food allergies? ___ Yes ___ No

Specify:

Dietary habits? (ie. daily intake of fruits, vegetables, red meat, sugar)

Do you drink alcohol?

Do you smoke?

Sleep habits?

Past treatment history:

Signature: _____ Date: _____